

Texas Police Trainers LLC (In partnership with Step Up Texas)





<u>Course Description:</u> STEP UP Texas is a project that brings trauma-informed and restorative practices training and implementation support to school districts, law enforcement, and the judicial system toward reducing racial and ethnic disparities in engagement with the juvenile justice system.

Unaddressed traumatic experiences are associated with long-term behavioral and physical health issues. In this course we learn the damaging effects of trauma on the brain and body, how to be resilient in the face of trauma, and how to extend that resiliency to our fellow officers and the communities we serve.

Who should attend: Texas Peace Officers

Course information:

Host Agency: Salado ISD Police Department

Training Location: Salado Middle School, 1169 Williams Road Salado, TX 76571

Course Date: June 5, 2024

Time: 8:00 am – 5:00 pm

Length of course: 8 hours (Training hours will be reported by CLEAT)

Cost per attendee: FREE

To register, <u>click here</u> or go to https://texaspolicetrainers.com/?p=42225



KIM WHITE

Law Enforcement Training and Technical Assistance Professional

Kim White

Training & Technical Assistance Professional STARRY & STEP UP Texas Kim.White@starry.org 512-246-4238

EDUCATION

Bachelor of Arts, Psychology Business Minor Texas A&M University 2000-2004

Master of Arts, Counseling Dallas Seminary 2006 - 2008

PROFESSIONAL CERTIFICATIONS

N.E.A.R. SCIENCE, Facilitator TRUST BASED RELATIONAL INTERVENTION®, Practitioner, March 2024

Professional Experience

STEP UP Texas, Training & Technical Assistance Professional
The 411 House, Founder & Director
Ralph Wilson Youth Club, Education Director
YoungLives for Teen Moms, Coordinator
Mauney & Associates, Parent Trainer
Child Protective Services, Conservatorship

Resilient Response: Policing Trauma #1735

Trauma-Informed Care Overview
ACEs (Adverse Childhood Experiences)
ACEs & Juveniles
Impact of Trauma on the Developing Brain
How the Brain Heals
Fight, Flight or Freeze
De-Escalation Strategies
Trust Based Relational Intervention®:
Connecting, Empowering & Correcting
Secondary Trauma & Self Care
Burnout and the Stress Cycle







