

# Texas Police Trainers LLC (In partnership with Step Up Texas)



**<u>Course Description</u>**: STEP UP Texas is a project that brings trauma-informed and restorative practices training and implementation support to school districts, law enforcement, and the judicial system toward reducing racial and ethnic disparities in engagement with the juvenile justice system. Unaddressed traumatic experiences are associated with long-term behavioral and physical health issues.

In this course we learn the damaging effects of trauma on the brain and body, how to be resilient in the face of trauma, and how to extend that resiliency to our fellow officers and the communities we serve.

Who should attend: Texas Peace Officers

#### Course information:

Host Agency: Southwestern Baptist Theology Seminary Police Department
Training Location: 4540 James Ave, Fort Worth, TX 76115
Course Date: September 26, 2024
Time: 8:00 am – 5:00 pm
Length of course: 8 hours (Training hours will be reported by CLEAT)
Cost per attendee: FREE

To register, <u>click here</u> or go to <u>https://texaspolicetrainers.com/?p=42225</u>



# **KIM WHITE**

Law Enforcement Training and Technical Assistance Professional

## **Professional Experience**

STEP UP Texas, Training & Technical Assistance Professional The 411 House, Founder & Director Ralph Wilson Youth Club, Education Director YoungLives for Teen Moms, Coordinator Mauney & Associates, Parent Trainer Child Protective Services, Conservatorship

#### Resilient Response: Policing Trauma #1735

Trauma-Informed Care Overview ACEs (Adverse Childhood Experiences) ACEs & Juveniles Impact of Trauma on the Developing Brain How the Brain Heals Fight, Flight or Freeze De-Escalation Strategies Trust Based Relational Intervention®: Connecting, Empowering & Correcting Secondary Trauma & Self Care Burnout and the Stress Cycle







## Kim White

Training & Technical Assistance Professional STARRY & STEP UP Texas Kim.White@starry.org 512-246-4238

#### EDUCATION

Bachelor of Arts, Psychology Business Minor Texas A&M University 2000-2004

Master of Arts, Counseling Dallas Seminary 2006 - 2008

#### PROFESSIONAL CERTIFICATIONS

N.E.A.R. SCIENCE, Facilitator TRUST BASED RELATIONAL INTERVENTION®, Practitioner, March 2024