



Texas Police Trainers LLC

(In partnership with CPR24Seven LLC)

American Heart Association Heartsaver CPR & AED (#3845) – 4 Hours

Course Description: This four-hour course follows the protocol and lesson plan of the American Heart Association including the five links in the adult Chain of Survival: Immediate recognition of cardiac arrest and activation of the emergency response system Early cardiopulmonary resuscitation (CPR) with an emphasis on chest compressions Rapid defibrillation Effective advanced life support and Integrated post-cardiac arrest care.

Certification: All participants will receive the American Heart Association Heartsaver CPR & AED two-year certification - This certification is meant for First Responders.



American Heart Association HeartSaver First Aid (#3830) – 2 Hours

Course Description: This two-hour course follows the protocol and lesson plan of the American Safety & Health Institute including First aid basics, Medical emergencies, injury emergencies, preventing illness and injury, and Opioid-associated life-threatening emergencies.

Certification: All participants will receive American Heart Association Heartsaver First Aid two-year certification.



Stop the Bleed-Bleeding Control training (#4960) – 2 Hours

Course Description: This two-hour course follows the protocol and lesson plan of the Stop the Bleed by the American College of Surgeons Committee on Trauma including learning the ability to recognize life-threatening bleeding and act quickly and effectively to control bleeding once you learn three quick techniques.

- How to use your hands to apply pressure to a wound
- How to pack a wound to control bleeding
- How to correctly apply a tourniquet
- We will also discuss other supplies that could be found on the Texas School Bleeding Control Kit

Certification: All participants will receive the Stop the Bleed two-year certification.



Who should attend: Individuals needing Basic CPR, First Aid, and Stop the Bleed

Student Prerequisites: None

Course Information:

Host Agency: Hondo Police Department

Training Location: South Texas Regional Training Center, 402 Carter, Hondo, TX 78861

Course Date: July 7, 2025

Time: 8:00 am—5:00 pm

Length of course: 8 hours (Training hours will be reported by CLEAT)

Cost per attendee: \$100.00

To register, [click here](#) or go to <https://texaspolice trainers.com/?p=40548> .

Hotel Registration: Hondo Inn, 301 US Highway 90 E., Hondo, Texas 78861-6087. **To receive our Corporate Discount, make your reservation through Texas Police Trainers at 512-766- 0659.**

About the Instructor: Alberto Valbuena



Alberto Valbuena has over 20 years of public safety experience where he has served his community as a Firefighter, Emergency Medical Technician, and a Public Safety dispatcher. Alberto became interested in public safety during the horrific event on September 11 where he found out that he was unable to help unless he was a first responder, in public safety or in construction. A few years later after taking a Firefighter Instructor class he found his passion for teaching and has continue to improve it since. Alberto has since been teaching multiple subjects to a variety of students. • Fire safety in pre-schools, elementary schools, middle schools, daycare, and senior care centers. • Firefighter training and drills. • BLS CPR to First Responders, and medical providers. • CPR and first aid to families, employees, and community leaders. • Training and re-training public safety dispatchers on phones, fire, EMS, and police radio.

Alberto currently serves as a Telecommunication Officer with the City of Denton Emergency Communication Center, a CPR Instructor with the HeartSaver Institute and an American Heart Association BLS Instructor with CPR Done Right. Alberto currently holds several State of Connecticut certifications as well as the Texas TCOLE Telecommunication License and the Basic Instructor Proficiency Certification. Alberto is also fluent in Spanish.

