

Texas Police Trainers LLC (In partnership with Step Up Texas)



<u>Course Description</u>: STEP UP Texas is a project that brings trauma-informed and restorative practices training and implementation support to school districts, law enforcement, and the judicial system toward reducing racial and ethnic disparities in engagement with the juvenile justice system.

Unaddressed traumatic experiences are associated with long-term behavioral and physical health issues. In this course we learn the damaging effects of trauma on the brain and body, how to be resilient in the face of trauma, and how to extend that resiliency to our fellow officers and the communities we serve.

Who should attend: Texas Peace Officers

Course information:

Host Agency: Klein ISD Police Department

Training Location: 7407 Louetta Klein, Texas 77379

Course Date: March 20, 2025

Time: 8:00 am – 5:00 pm

Length of course: 8 hours (Training hours will be reported by CLEAT)

Cost per attendee: FREE

To register, <u>click here</u> or go to <u>https://texaspolicetrainers.com/?p=42225</u>

Hotel: Staybridge Suites Tomball - Spring Area, 10011 FM 2920, Tomball, Texas 77375. **To receive our** corporate discount, make your reservation through Texas Police Trainers at **512-766-0659**



KIM WHITE

Law Enforcement Training and Technical Assistance Professional

Professional Experience

STEP UP Texas, Training & Technical Assistance Professional The 411 House, Founder & Director Ralph Wilson Youth Club, Education Director YoungLives for Teen Moms, Coordinator Mauney & Associates, Parent Trainer Child Protective Services, Conservatorship

Resilient Response: Policing Trauma #1735

Trauma-Informed Care Overview ACEs (Adverse Childhood Experiences) ACEs & Juveniles Impact of Trauma on the Developing Brain How the Brain Heals Fight, Flight or Freeze De-Escalation Strategies Trust Based Relational Intervention®: Connecting, Empowering & Correcting Secondary Trauma & Self Care Burnout and the Stress Cycle







Kim White

Training & Technical Assistance Professional STARRY & STEP UP Texas Kim.White@starry.org 512-246-4238

EDUCATION

Bachelor of Arts, Psychology Business Minor Texas A&M University 2000-2004

Master of Arts, Counseling Dallas Seminary 2006 - 2008

PROFESSIONAL CERTIFICATIONS

N.E.A.R. SCIENCE, Facilitator TRUST BASED RELATIONAL INTERVENTION®, Practitioner, March 2024