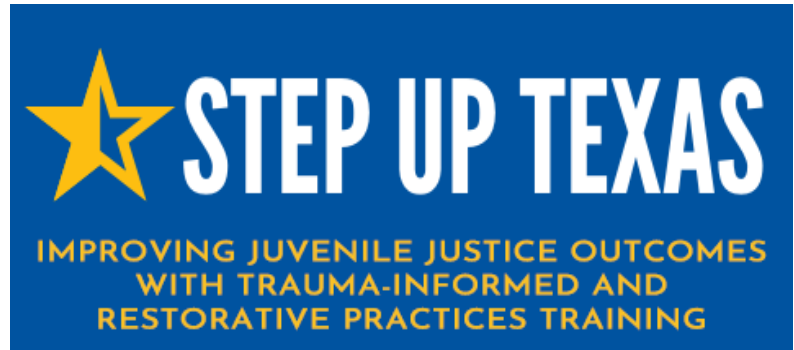


**Texas Police Trainers LLC**  
**(In partnership with Step Up Texas)**

**Resilient Response:  
Policing Trauma #1735**



**Course Description:** STEP UP Texas is a project that brings trauma-informed and restorative practices training and implementation support to school districts, law enforcement, and the judicial system toward reducing racial and ethnic disparities in engagement with the juvenile justice system. Unaddressed traumatic experiences are associated with long-term behavioral and physical health issues.

In this course we learn the damaging effects of trauma on the brain and body, how to be resilient in the face of trauma, and how to extend that resiliency to our fellow officers and the communities we serve.

**Who should attend:** Texas Peace Officers

**Course information:**

**Host Agency:** Connally ISD Police Department

**Training Location:** 715 N. Rita. Waco, Texas

**Course Date:** February 5, 2025

**Time:** 8:00 am – 5:00 pm

**Length of course:** 8 hours (Training hours will be reported by CLEAT)

**Cost per attendee:** FREE

To register, [click here](https://texaspolice trainers.com/?p=42225) or go to <https://texaspolice trainers.com/?p=42225>





# KIM WHITE

Law Enforcement Training and  
Technical Assistance Professional

## Kim White

Training & Technical  
Assistance Professional  
STARRY & STEP UP Texas  
Kim.White@starry.org  
512-246-4238

## EDUCATION

**Bachelor of Arts, Psychology  
Business Minor**  
Texas A&M University  
2000-2004

**Master of Arts, Counseling**  
Dallas Seminary  
2006 - 2008

## PROFESSIONAL CERTIFICATIONS

N.E.A.R. SCIENCE, Facilitator  
TRUST BASED RELATIONAL  
INTERVENTION®, Practitioner,  
March 2024

## Professional Experience

STEP UP Texas, Training & Technical Assistance Professional  
The 411 House, Founder & Director  
Ralph Wilson Youth Club, Education Director  
YoungLives for Teen Moms, Coordinator  
Mauney & Associates, Parent Trainer  
Child Protective Services, Conservatorship

## Resilient Response: Policing Trauma #1735

Trauma-Informed Care Overview  
ACEs (Adverse Childhood Experiences)  
ACEs & Juveniles  
Impact of Trauma on the Developing Brain  
How the Brain Heals  
Fight, Flight or Freeze  
De-Escalation Strategies  
Trust Based Relational Intervention®:  
Connecting, Empowering & Correcting  
Secondary Trauma & Self Care  
Burnout and the Stress Cycle

