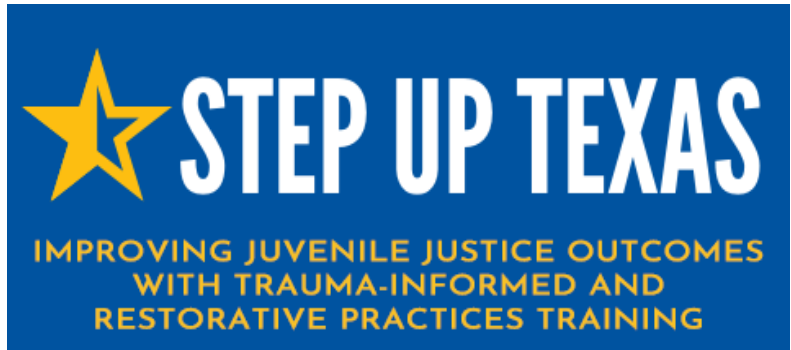


Texas Police Trainers LLC
(In partnership with Step Up Texas)

**Resilient Response:
Policing Trauma #1735**



Course Description: STEP UP Texas is a project that brings trauma-informed and restorative practices training and implementation support to school districts, law enforcement, and the judicial system toward reducing racial and ethnic disparities in engagement with the juvenile justice system. Unaddressed traumatic experiences are associated with long-term behavioral and physical health issues.

In this course we learn the damaging effects of trauma on the brain and body, how to be resilient in the face of trauma, and how to extend that resiliency to our fellow officers and the communities we serve.

Who should attend: Texas Peace Officers

Course information:

Host Agency: Killeen ISD Police Department

Training Location: Jackson Professional Learning Center, 902 Rev R A Abercrombie Dr, Killeen, TX 76543
(Conference Room B)

Course Date: June 18, 2025

Time: 8:00 am – 5:00 pm

Length of course: 8 hours (Training hours will be reported by CLEAT)

Cost per attendee: FREE

To register, [click here](#) or go to <https://texaspolice trainers.com/?p=42225>



KIM WHITE

Law Enforcement Training and
Technical Assistance Professional

Kim White

Training & Technical
Assistance Professional
STARRY & STEP UP Texas
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EDUCATION

**Bachelor of Arts, Psychology
Business Minor**
Texas A&M University
2000-2004

Master of Arts, Counseling
Dallas Seminary
2006 - 2008

PROFESSIONAL CERTIFICATIONS

N.E.A.R. SCIENCE, Facilitator
TRUST BASED RELATIONAL
INTERVENTION®, Practitioner,
March 2024

Professional Experience

STEP UP Texas, Training & Technical Assistance Professional
The 411 House, Founder & Director
Ralph Wilson Youth Club, Education Director
YoungLives for Teen Moms, Coordinator
Mauney & Associates, Parent Trainer
Child Protective Services, Conservatorship

Resilient Response: Policing Trauma #1735

Trauma-Informed Care Overview
ACEs (Adverse Childhood Experiences)
ACEs & Juveniles
Impact of Trauma on the Developing Brain
How the Brain Heals
Fight, Flight or Freeze
De-Escalation Strategies
Trust Based Relational Intervention®:
Connecting, Empowering & Correcting
Secondary Trauma & Self Care
Burnout and the Stress Cycle

