



## Texas Police Trainers LLC 40-hr Crisis Intervention Training (#1850)



### **Topics covered:**

Unit 1: Developing a Basic Understanding of CIT

Unit 2: Defining and discussing the Meaning and Implications of Crisis

Unit 3: Increasing Awareness of mental Illness and Associated Adversity

Unit 4: Mental Health Conditions Most Commonly Encountered by Law Enforcement Officers

Unit 5: Effective Communication Skills to Aid in Working with a Possible Mental Health Crisis

Unit 6: Deinstitutionalization, Crime and Homelessness as they Relate to Mental Health Issues

Unit 7: Legal Considerations for a Police Officer Intervening During a Mental Health Crisis

Unit 8: Jail Diversion Programs and Alternative Options

Unit 9: Accessing Mental Health Resources in Your Area

**Who should attend:** Texas Peace Officers desiring Intermediate Proficiency Certification, Jailers, Victim Services & Social Workers

### **Course information:**

**Hosting Agency:** Harker Heights Police Department

**Training Location:** 402 Indian Trail Dr, Harker Heights, TX 76548

**Course Date:** April 6-10, 2026

**Time:** 8:00 am – 5:00 pm

**Length of course:** 40 hours (Training hours will be reported by CLEAT)

**Cost per attendee:** \$170.00

To register, [click here](#) or go to <https://texaspolice trainers.com/tpt-sponsored-training/40-hour-crisis-intervention-training-1850/> or give us a call at 512-766-0659 to pay by phone or to receive an invoice.

**Hotel:** Holiday Inn Express & Suites Killeen - Fort Hood Area, 2603 Gateway Drive, Killeen, Texas 76542. **To receive our corporate rate, please make your reservation with Texas Police Trainers at 512-766-0659.**

**Instructor:** Katrina Degrade

Katrina DeGrate has been a peace officer for seven years with DART Police Department and I have been an instructor since 2022. She has been a certified Drone Pilot and recently became a Motors Police Officer. Katrina currently trains police officers and civilians Crisis Intervention, Mental Health First Aid and Intermediate Child Abuse.

Katrina currently trains the law enforcement community and civilians on Crisis Intervention, Mental Health First Aid, Canine Encounter, Interacting w/Drivers Deaf or Hard of Hearing, De-escalation Techniques, and Intermediate Child Abuse.

Katrina is currently pursuing her bachelor's degree at Abilene Christian University in Child and Family Service while minoring in Integrated Studies with a Teaching Certification.

In the past, Katrina held services positions at the Department of State Health Services from 2008 through 2011 and Texas Health and Human Services 2011 through 2016 in social services roles which led her to being a liaison with many agencies assisting families meet social, financial and mental health needs. Her experience with assisting families in many socio-economic facets has led Katrina to assist others with understanding family and individual needs on a different level.

Outside of teaching, Katrina enjoys attending church, reading, doing puzzles, and hiking.

