



## Texas Police Trainers LLC

# De-Escalation Techniques: Limiting the Use of Force in Public Interaction (#1849)



**Course Description:** This course is mandated for those seeking to obtain their Intermediate or Advanced Proficiency Certification. This course is also mandated every four years for those individuals who do not have an Intermediate Proficiency Certificate or higher and for those seeking licensing in Texas.

This course provides law enforcement officers with the essential skills and strategies to de-escalate crisis situations effectively. The curriculum is designed to enhance an officer's ability to communicate and respond to individuals in distress, reducing the need for physical force and improving safety for all parties.

### **Topics covered:**

- Introduction
- Critical Decision-Making Model (CDM)
- Crisis Recognition and Response
- Tactical Communications
- Operational Safety Tactics
- Integration and Practice

**Who should attend:** Peace Officers working toward their intermediate, and advanced proficiency certificate on or after April 1, 2018.

### **Course information & Registration:**

**Hosting Agency:** Texarkana Texas Police Department

**Training Location:** Texarkana Texas Police Training Center, 1420 South Park Rd., Texarkana, Texas 75501

**Date:** May 31, 2026

**Time:** 8:00 am – 5:00 pm

**Length of course:** 8 hours (Training hours will be reported by CLEAT)

**Cost per attendee:** \$50.00

**Hotel:** Candlewood Suites Texarkana, 2901 S. Cowhorn Creek Loop, Texarkana, TX 75503. **To receive our Corporate Discount, make your reservation through Texas Police Trainers at 512-766-0659.**

**To register:** [Click here](#) or go to <https://texaspolice trainers.com/?p=17772> or give us a call at 512-766-0659

**Instructor:** Katrina Degrade

Katrina DeGrate has been a peace officer for seven years with DART Police Department and I have been an instructor since 2022. She has been a certified Drone Pilot and recently became a Motors Police Officer. Katrina currently trains police officers and civilians Crisis Intervention, Mental Health First Aid and Intermediate Child Abuse.

Katrina is currently pursuing her bachelor's degree at Abilene Christian University in Child and Family Service while minoring in Integrated Studies with a Teaching Certification.

In the past, Katrina held services positions at the Department of State Health Services from 2008 through 2011 and Texas Health and Human Services 2011 through 2016 in social services roles which led her to being a liaison with many agencies assisting families meet social, financial and mental health needs. Her experience with assisting families in many socio-economic facets has led Katrina to assist others with understanding family and individual needs on a different level.

Outside of teaching, Katrina enjoys attending church, reading, doing puzzles, and hiking.

