



Texas Police Trainers LLC Mental Health Officer Course (#4201)



Course Description: This class is designed to certify an individual to be a statewide resource as a mental health officer (MHO), per Texas Occupations Code 1701.404, and the TCOLE Rule §221.11. An MHO assists responding law enforcement officers determine, if and what, actions can be taken regarding the individual(s)'s 4th Amendment rights, due to the individual(s)'s incapacitation caused by their mental health crisis. This course certifies an individual on how to identify applicable situations for intervention, appropriate local resources for the demographics of the jurisdiction, and best practices on building resource/community connections.

This course does not certify the applicant as a mental health care expert or mental health care service provider. This class is to achieve a voluntary and elite designation. The requirements to achieve this elite and voluntary designation reflect the gravity of the duties.

Topics covered:

- Unit 1: Background and Context
- Unit 2: Legal Responsibilities
- Unit 3: Resources and Networking

Who should attend: Texas Peace Officers and Jailers

Course information:

Host Agency: Snyder Police Department

Training Location: 400 37th Street, Snyder, TX 79549

Course Date: June 22-24, 2026

Time: 8:00 am – 5:00 pm

Length of course: 24 hours (Training hours will be reported by CLEAT)

Cost per attendee: \$160.00

Student Equipment: Laptop or tablet and USB thumb drive required.

To register, [click here](#) or go to <https://texaspolice trainers.com/?p=32738>. You can give us a call at 512-766-0659 to pay by phone or to receive an invoice.

Hotel: Holiday Inn Express & Suites Snyder, 1305 E. Coliseum Drive, Snyder, Texas 79549. **To receive our Corporate Discount, make your reservation with Texas Police Trainers at 512-766- 0659.**

To obtain the Mental Health Officer Proficiency Certification

Student Prerequisites (TCOLE Rule §221.11)

(a) To qualify for a mental health officer proficiency certificate, an applicant must meet the following requirements:

- (1) currently appointed as a peace officer, county jailer, or justice of the peace;
- (2) at least two years' experience as a peace officer, county jailer, or justice of the peace;
- (3) if not currently a commissioned peace officer or county jailer, an applicant must meet the current enrollment standards;
- (4) if an applicant is a commissioned peace officer or county jailer, an applicant must not ever have had a license or certificate issued by the commission suspended or revoked;
- (5) if an applicant is a commissioned peace officer or county jailer, an applicant must have met the continuing education requirements for the previous training cycle;
- (6) successful completion of a training course in emergency first aid and lifesaving techniques (Red Cross or equivalent); and
- (7) successful completion of the current mental health officer training course and pass the approved examination for mental health officer proficiency.

(b) The effective date of this section is January 14, 2010.

Additionally, the student must have taken:

- De-escalation (TCOLE Course #1849) AND
- Crisis Intervention Training (TCOLE Course #1850) OR Mental Health for Jailers (TCOLE Course #4900)

Please note: Peace officers who completed the Basic Peace Officer Course after 2019 (BPOC 1000667, 1000696, 1000720), will have both 1849 and 1850 and meet the enrollment requirements.

About the Instructor: Katrina Degrate

Katrina DeGrate was a peace officer for seven years with DART Police Department and currently holds an active TCOLE Peace Officer license as well as the Basic Instructor since 2022. Katrina is also a certified Drone Pilot and Motors Police Officer.

Katrina currently trains the law enforcement community and civilians on Crisis Intervention, Mental Health First Aid, Canine Encounter, Interacting w/Drivers Deaf or Hard of Hearing, De-escalation Techniques, and Intermediate Child Abuse.

Katrina is currently pursuing her bachelor's degree at Abilene Christian University in Child and Family Service while minoring in Integrated Studies with a Teaching Certification.

In the past, Katrina held services positions at the Department of State Health Services from 2008 through 2011 and Texas Health and Human Services 2011 through 2016 in social services roles which led her to being a liaison with many agencies assisting families meet social, financial and mental health needs. Her experience with assisting families in many socio-economic facets has led Katrina to assist others with understanding family and individual needs on a different level.

Outside of teaching, Katrina enjoys attending church, reading, doing puzzles, and hiking.

