TEXAS POLICE TRAINERS LLC

Professional Training for Texas Law Enforcement



COURSE INFORMATION

HOST AGENCY
Dallas ISD Police Department

LOCATION
Elisha M. Pease Training Site
2914 Cummings St.
Dallas, TX 75216

DATES
January 11-15, 2027

TIME
8:00 a.m. - 5:00 p.m.

COURSE LENGTH
40 Hours

TRAINING CREDIT
Reported by CLEAT

COMPASSION | CALM | COMMUNICATION | SAFER COMMUNITIES

COURSE OVERVIEW

This course is a required course to be completed no later than the second anniversary of the date the officer is licensed or the date an officer applies for an intermediate proficiency certificate, whichever date is earlier. The begin date to satisfy this requirement is April 1, 2018.

Develop the skills to understand mental health crises, communicate effectively, apply legal considerations, consider diversion options, and connect people with resources.

WHO SHOULD ATTEND

- Peace Officers working toward their intermediate proficiency certificate on or after April 1, 2018, and within 2 years of licensing date for those licensed on or after April 1, 2018.
- Texas Peace Officers pursuing Intermediate Proficiency Certification
- Victim Services Personnel
- Jailers
- Social Workers

KEY TRAINING TOPICS

01 Developing a Basic Understanding of CIT

02 Defining and Discussing the Meaning and Implications of Crisis

03 Increasing Awareness of Mental Illness and Associated Adversity

04 Mental Health Conditions Most Commonly Encountered by Law Enforcement Officers

05 Effective Communication Skills for Working with a Possible Mental Health Crisis

06 Deinstitutionalization, Crime, and Homelessness as They Relate to Mental Health Issues

07 Legal Considerations for Officers Intervening During a Mental Health Crisis

08 Jail Diversion Programs and Alternative Options

09 Accessing Mental Health Resources in Your Area

REGISTER FOR TRAINING

$170.00 per attendee

https://texaspolicetrainers.com/tpt-sponsored-training/40-hour-crisis-intervention-training-1850/

HOTEL ACCOMMODATIONS

Holiday Inn Express & Suites
Dallas East - Fair Park
8703 East RL Thornton Freeway
Dallas, Texas 75228

https://texaspolicetrainers.com/membership-benefits/book-your-hotel-reservation/

512-766-0659 | texaspolicetrainers@yahoo.com | texaspolicetrainers.com

ABOUT THE INSTRUCTOR

Katrina DeGrate

Katrina DeGrate served as a peace officer with the Dallas Area Rapid Transit (DART) Police Department for seven years and has been a law enforcement instructor since 2022. In addition to her law enforcement experience, Katrina is a certified drone pilot and a certified Motors Police Officer, further expanding her operational and public safety expertise.

Katrina currently provides training to both law enforcement professionals and civilians in a variety of critical subject areas, including Crisis Intervention, Mental Health First Aid, Canine Encounter, Interacting with Drivers who are Deaf or Hard of Hearing, De-escalation Techniques, and Intermediate Child Abuse. Her instructional approach reflects both practical field experience and a strong commitment to helping officers and community members better understand communication, safety, and behavioral response strategies.

Before entering law enforcement, Katrina worked in social services with the Texas Department of State Health Services from 2008 to 2011 and with Texas Health and Human Services from 2011 to 2016. In those roles, she served as a liaison with multiple agencies, helping families navigate social, financial, and mental health challenges. This background gave Katrina a unique perspective on the needs of individuals and families from a wide range of socioeconomic circumstances and continues to influence the compassion and insight she brings to both instruction and public service.

Katrina is currently pursuing her bachelor’s degree at Abilene Christian University in Child and Family Services, while also minoring in Integrated Studies with a Teaching Certification. Her educational focus complements her professional work and reinforces her passion for service, advocacy, and education.

Outside of teaching, Katrina enjoys attending church, reading, doing puzzles, and hiking.