TEXAS POLICE TRAINERS LLC

PROFESSIONAL TRAINING FOR TEXAS LAW ENFORCEMENT

DE-ESCALATION TECHNIQUES

#1849

COMMUNICATION. CONNECTION. SAFER OUTCOMES.



EFFECTIVE COMMUNICATION

BUILD RAPPORT

RECOGNIZE TRIGGERS

PROMOTE SAFER OUTCOMES

SKILLS FOR A SAFER TOMORROW

COURSE DESCRIPTION

The De-Escalation Techniques (#1849) course is designed to equip Texas peace officers with the knowledge, communication skills, and tactical strategies necessary to effectively manage potentially volatile encounters while prioritizing officer safety, public safety, and the preservation of human life.

This comprehensive training emphasizes recognizing and responding to individuals experiencing a crisis, applying effective tactical communication techniques, and utilizing sound decision-making strategies to reduce the intensity of confrontational situations. Participants will explore the Critical Decision-Making Model (CDM), crisis recognition and response, operational safety tactics, and practical strategies for resolving critical incidents safely and professionally.

Through interactive discussions and practical application exercises, officers will strengthen their ability to assess evolving situations, make informed decisions, encourage voluntary compliance, and minimize the need for force whenever reasonably possible.

The goal of this training is to enhance officer confidence, improve community interactions, reduce unnecessary use of force, and promote safe, effective, and professional law enforcement responses.

COURSE TOPICS

01 Introduction

02 Critical Decision-Making Model (CDM)

03 Crisis Recognition and Response

04 Tactical Communications

05 Operational Safety Tactics

06 Integration and Practice

WHO SHOULD ATTEND

- Texas Peace Officers seeking to satisfy applicable TCOLE training requirements
- Peace Officers seeking continuing education and professional development
- Peace Officers pursuing Intermediate or Advanced Proficiency Certification
- Law Enforcement Supervisors and Field Training Officers seeking to strengthen crisis response and de-escalation skills

EVENT INFORMATION

HOST AGENCY
Central Texas Council of Governments (CTCOG)

DATE
January 26–27, 2027

TRAINING LOCATION
2180 N. Main St.
Belton, Texas 76513

COURSE LENGTH
16 hours
Hours reported by CLEAT

COST PER ATTENDEE
$60.00

REGISTER FOR TRAINING

To register:

https://texaspolicetrainers.com/?p=17772

HOTEL ACCOMMODATIONS

Holiday Inn Temple-Belton
5247 S. General Bruce Dr.
Temple, Texas 76502

BOOK HOTEL
https://texaspolicetrainers.com/membership-benefits/book-your-hotel-reservation/

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ABOUT THE INSTRUCTOR

Katrina DeGrate

Katrina DeGrate served as a peace officer with the Dallas Area Rapid Transit (DART) Police Department for seven years and has been a law enforcement instructor since 2022. In addition to her law enforcement experience, Katrina is a certified drone pilot and a certified Motors Police Officer, further expanding her operational and public safety expertise.

Katrina currently provides training to both law enforcement professionals and civilians in a variety of critical subject areas, including Crisis Intervention, Mental Health First Aid, Canine Encounter, Interacting with Drivers who are Deaf or Hard of Hearing, De-escalation Techniques, and Intermediate Child Abuse. Her instructional approach reflects both practical field experience and a strong commitment to helping officers and community members better understand communication, safety, and behavioral response strategies.

Before entering law enforcement, Katrina worked in social services with the Texas Department of State Health Services from 2008 to 2011 and with Texas Health and Human Services from 2011 to 2016. In those roles, she served as a liaison with multiple agencies, helping families navigate social, financial, and mental health challenges. This background gave Katrina a unique perspective on the needs of individuals and families from a wide range of socioeconomic circumstances and continues to influence the compassion and insight she brings to both instruction and public service.

Katrina is currently pursuing her bachelor's degree at Abilene Christian University in Child and Family Services, while also minoring in Integrated Studies with a Teaching Certification. Her educational focus complements her professional work and reinforces her passion for service, advocacy, and education.

Outside of teaching, Katrina enjoys attending church, reading, doing puzzles, and hiking.

TRAINING & PUBLIC SAFETY EXPERIENCE

Law enforcement | Crisis response | Community safety | Social services